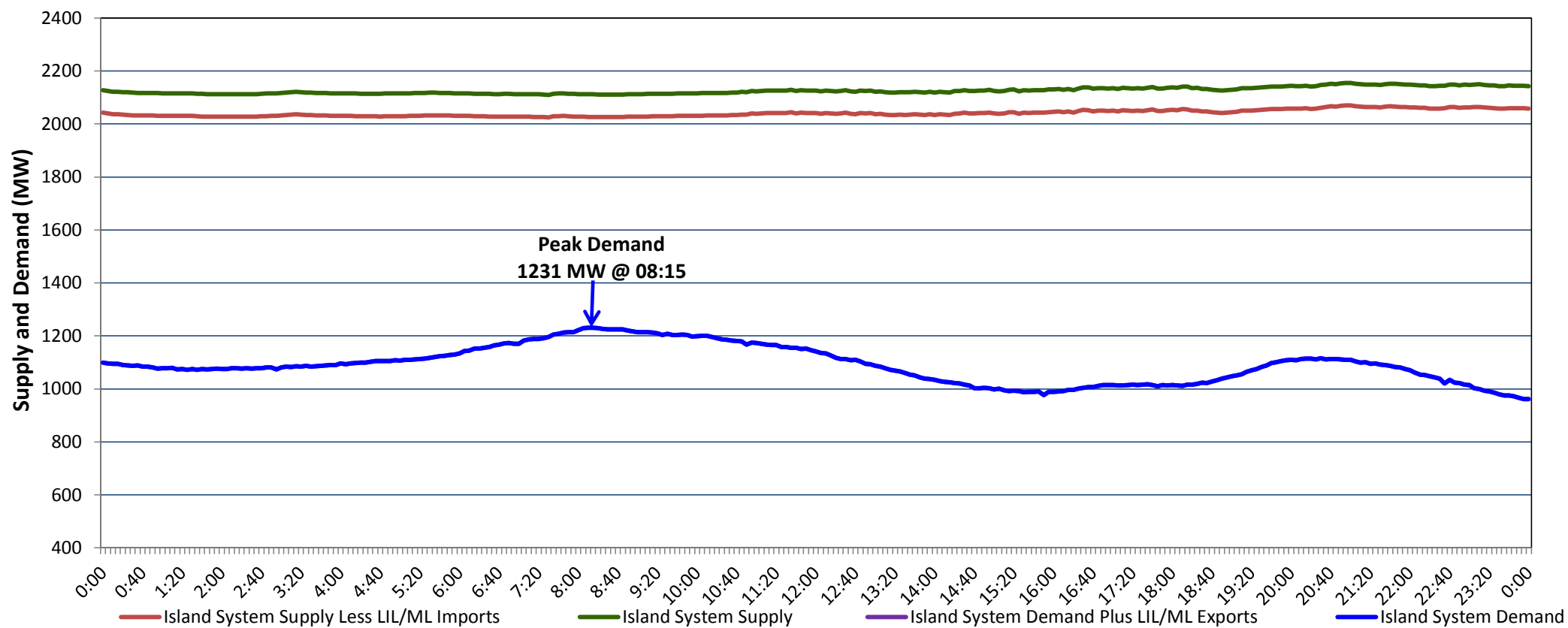


**Newfoundland Labrador Hydro (NLH)  
Supply and Demand Status Report Filed Monday, March 22, 2021**

**Section 1  
Island Interconnected System Supply, Demand & Exports  
Actual 24 Hour System Performance For Sunday, March 21, 2021**



Supply Notes For March 21, 2021

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**Section 2  
Island Interconnected Supply and Demand**

Mon, Mar 22, 2021	Island System Outlook <sup>3</sup>			Seven-Day Forecast	Temperature (°C)		Island System Daily Peak Demand (MW)	
					Morning	Evening	Forecast	Adjusted <sup>7</sup>
Available Island System Supply: <sup>5</sup>	2,167	MW		Monday, March 22, 2021	3	3	1,165	1,064
NLH Island Generation: <sup>4</sup>	1,695	MW		Tuesday, March 23, 2021	2	5	1,085	984
NLH Island Power Purchases: <sup>6</sup>	145	MW		Wednesday, March 24, 2021	2	1	1,100	999
Other Island Generation:	245	MW		Thursday, March 25, 2021	1	2	1,115	1,014
ML/LIL Imports:	82	MW		Friday, March 26, 2021	4	2	1,095	994
Current St. John's Temperature & Windchill:	1 °C	N/A	°C	Saturday, March 27, 2021	-3	-2	1,280	1,177
7-Day Island Peak Demand Forecast:	1,280	MW		Sunday, March 28, 2021	-1	-2	1,170	1,177

Supply Notes For March 22, 2021

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- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. The power system operators schedule outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
  2. Due to the Island system having no synchronous connections to the larger North American grid, when there is a sudden loss of large generating units there may be a requirement for some customer's load to be interrupted for short periods to bring generation output equal to customer demand. This automatic action of power system protection, referred to as under frequency load shedding (UFLS), is necessary to ensure the integrity and reliability of system equipment. Under frequency events have typically occurred 5 to 8 times per year on the Island Interconnected System and the resultant customer load interruptions are generally less than 30 minutes. With the activation of the Maritime Link frequency controller during the winter of 2018, UFLS events have occurred less frequently.
  3. As of 0800 Hours.
  4. Gross output including station service at Holyrood (24.5 MW) and improved NLH hydraulic output due to water levels (35 MW).
  5. Gross output from all Island sources (including Note 4).
  6. NLH Island Power Purchases include: CBPP Co-Gen, Nalcor Exploits, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
  7. Adjusted for curtailable load, market activities and the impact of voltage reduction when applicable.

**Section 3  
Island Peak Demand Information  
Previous Day Actual Peak and Current Day Forecast Peak**

Sun, Mar 21, 2021	Actual Island Peak Demand <sup>8</sup>	08:15	1,231 MW
Mon, Mar 22, 2021	Forecast Island Peak Demand		1,165 MW

Notes: 8. Island Demand / LIL / ML Exports (where applicable) is supplied by NLH generation and purchases, plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).